



God Gives the Ten Commandments (Part 2) Exodus 19:16–20:21

Children see themselves as the center of the universe. Because of this view, you’ll commonly hear statements like “It’s mine!” and “No!” during playtime. It’s important to guide children to see beyond themselves to others’ needs—a real challenge for early childhood! By using the activities in this lesson, you can help infants, toddlers, and 2-year-olds take small steps toward treating others kindly.

INFANT

LESSON	WHAT CHILDREN DO	SUPPLIES	EASY PREP
1 Getting Started	Sing and Celebrate Listen to praise songs.	CD player Teacher Pack: CD	
2 Bible Exploration	God’s Good Rules Have their hands “written” on to have a firsthand experience with written rules.		
3 Weaving Faith Into Life	Kind Cuddles Touch a stuffed animal kindly.	stuffed animal, blanket	
	Kind Key Words Listen to a song, and act out the words.		
	Weaving Faith at Home Take home their “Growing With Jesus” pages.	My Bible Snuggles or 1 copy per child of the “Growing With Jesus” page (at the end of the lesson)	Remove the Lesson 5 pages from each My Bible Snuggles student book.

Bold text within the lesson is spoken text.



► Bible Point

God says to treat others kindly.

Key Verse

“You shall have no other gods before me” (Exodus 20:3).


Weaving Faith Into Life

Children will practice how to treat others kindly.





TODDLER

LESSON	WHAT CHILDREN DO	SUPPLIES	EASY PREP
1 Getting Started	Sing and Celebrate Listen to or sing praise songs.	CD player, 1 large block per child Teacher Pack: CD	
2 Bible Exploration	T.O.K. (Treat Others Kindly) Hear about Moses and the commandment to treat others kindly.	Bible, white glue, fine-tip knife Teacher Pack: “Moses Receives the Ten Commandments” teaching picture 	Trace over the letters on the teaching picture with white glue. Let it dry thoroughly. This will give the letters a raised feel. Use a fine-tip knife to cut on the solid line around the outside of the right-hand tablet in the teaching picture, and fold it over the left-hand tablet like a closed book.
3 Weaving Faith Into Life	Building-Blocks of Kindness Use blocks to build a mountain.	set of blocks	
	Tender Tunes Sing a song about kindness.		
	Weaving Faith at Home Take home their “Growing With Jesus” pages.	My Bible Snuggles or 1 copy per child of the “Growing With Jesus” page (at the end of the lesson)	Remove the Lesson 5 pages from each My Bible Snuggles student book.

Bold text within the lesson is spoken text.


The “Growing With Jesus” page at the end of each lesson includes an in-class craft or activity on one side and a take-home page for parents on the other side. We want to ensure all the information on the parent pages is retained, so we’ve made some adjustments to activities that require cutting. These pages may require a little assembly for parents to use at home, and we’ve included envelopes in the supply lists to keep each child’s pieces together.





2-YEAR-OLD



LESSON	WHAT CHILDREN DO	SUPPLIES	EASY PREP
1 Getting Started	Sing and Celebrate Listen to or sing praise songs.	CD player Teacher Pack: CD	
2 Bible Exploration	Please Pass the Kindness Discover what it means to treat others kindly.	Bible, scissors, shallow tray, washable paint, 1 cotton ball per child, My Bible Snuggles or 1 copy per child of the “Moses Shows the Ten Commandments” handout (at the end of the lesson) Teacher Pack: “God Gives the Ten Commandments” poster (from the Big Bible Poster Pack) 	Remove the Lesson 5 pages from each My Bible Snuggles student book. If it isn’t already cut, cut the poster in half, and cut out the stone tablets from the right half of the poster. Display the left half of the poster (showing Moses holding the stone tablets) where you’ll gather the children. Pour washable paint into a shallow tray.
3 Weaving Faith Into Life	Roll the Ball Play a game with balls.	soft foam ball for each child	
	Tablet Treats Create a snack with partners.	scissors, 1 graham cracker square per child, cream cheese, small resealable plastic bags, paper plates, antibacterial gel (optional)	For each child, place about a tablespoon of cream cheese in a resealable plastic bag with a corner cut off.
	Weaving Faith at Home Take home their “Growing With Jesus” pages.	My Bible Snuggles or 1 copy per child of the “Growing With Jesus” page (at the end of the lesson)	

Bold text within the lesson is spoken text.

The “Growing With Jesus” page at the end of each lesson includes an in-class craft or activity on one side and a take-home page for parents on the other side. We want to ensure all the information on the parent pages is retained, so we’ve made some adjustments to activities that require cutting. These pages may require a little assembly for parents to use at home, and we’ve included envelopes in the supply lists to keep each child’s pieces together.



God Gives the Ten Commandments

(Part 2) Exodus 19:16–20:21



BIBLE BACKGROUND
FOR LEADERS

Last week's Bible Background concentrated on the events surrounding the giving of the Ten Commandments, while this week's concentrates on the commandments themselves. If you haven't already done so, you may want to read both of them before beginning this lesson.

Commandments With a Purpose

These commandments weren't given to force the Israelites to follow an arbitrary set of rules. These commands were intended to help the people live their lives to the fullest in relationship with one another.

With the death and resurrection of Jesus, we live no longer under the law but under grace. Jesus said he came to fulfill the law (Matthew 5:17-18). Certainly we are not bound to follow these laws to try to win God's favor, but the principles behind the Ten Commandments are valid principles for all time.

Commandments in Two Categories

Over the centuries, scholars have divided the commandments into categories in varying ways. For the purpose of these studies, we're dividing them into two sections. The first four commandments have to do with our relationship with God; the last six have to do with our relationships with others.

God's Commandments Establish Priorities

The commandments regarding our relationship with God clearly spell out the priority and honor that he is to hold in our lives. How often—even in the Christian community—do we let other things come before our relationship with God?

One commandment that is often taken too lightly, especially in today's culture, is the instruction not

to misuse God's name. To use it in swearing or frivolously in joking is not appropriate. How we use God's name directly reflects how we feel about God. He and his name are worthy of all the honor we can muster!

The commandments regarding our relationships with others (Exodus 20:12-17) give us lots of guidance on how to respect others. Though even our Christian culture can fail to take many of these commands seriously, living by them gives people the honor and respect due them as unique creations of God. No matter what we see around us, we must hold true to these principles if we are to honor God and respect others the way God intends.

The Jesus Connection

As our relationship with Jesus grows, we can begin to see this world and other people through his eyes of unconditional love. We will enjoy fellowship more—and others will see Jesus' presence in our lives.

God wants us to alter our lives to reflect our Savior who loves us enough to die for us. It's easy to get distracted, even by good things, and we can get caught up trying to be like other Christians more than we try to be like Jesus himself.

God loves his creation so much that he gave us commandments to help preserve it and glorify him. God's greatest creation is humanity—and we are surrounded by it. Every person you have contact with today gives you an opportunity to glorify God by lifting up his greatest creation—people. At the end of the day, take note of who God blessed through you and how you were blessed in his service. You can write your prayer in the space below.





INFANT


1

**GETTING
STARTED**

Sing and Celebrate

What You'll Do ■■■■■■


Sing or listen to “Moses on the Mountain” (track 7 on the CD) to the tune of “The Farmer in the Dell” anytime during the lesson. Sing as you rock, feed, or play with infants.

 **There was a man named Moses.
He climbed up on a hill.
God met Moses there that day,
And talked about his will.**

**God said, “Love the Lord your God,
And love others, too.
Treat each other kindly—
That’s what I want you to do.”**

Afterward, say: ► **GOD SAYS TO TREAT OTHERS KINDLY.**

Sing “Learning Lovingkindness” (not on the CD) to the tune of “Baby Bumblebee” anytime during the lesson. As you sing, gently bounce a baby on your knee and give a big hug at the end.

 **I’m learning how to treat others kindly.
Won’t my parents be so proud of me?
I’m learning how to treat others kindly,
(Spoken) Just like God tells me!**

Afterward, say: ► **GOD SAYS TO TREAT OTHERS KINDLY.**

2

**BIBLE
EXPLORATION**

God’s Good Rules

What You'll Do ■■■■■■

Hold a baby’s hand, and write with your finger on baby’s palm.



Sing and Celebrate Supplies

CD player

Teacher Pack

CD: “Moses on the
Mountain” (track 7)





Kind Cuddles Supplies

stuffed animal
blanket

Say: **I'm writing a message on your hand. The message says, "I love you."** Take baby's hand, and write on your hand. **A long time ago God sent a message to his people. It said, "Treat others kindly."** Pat baby's hand gently. ► **GOD SAYS TO TREAT OTHERS KINDLY. He's pleased when we do.**

3 WEAVING FAITH INTO LIFE

Kind Cuddles

What You'll Do ■■■■■■

Set a baby on a blanket on the floor. Hold a stuffed animal near the baby.

Say: [Baby's name], **what's this? It's a stuffed animal that wants to show you how to care. It's patting you on the arm. It's treating you kindly. Can you pat the animal's arm?** Help baby touch the animal gently on the arm.

Use the stuffed animal to touch baby gently on the leg. Say: **The animal is treating your leg kindly. Help baby touch the animal gently on the leg. You're treating the animal's leg kindly.** ► **GOD SAYS TO TREAT OTHERS KINDLY. You're doing a wonderful job listening to God.**

Repeat the activity using the stuffed animal to touch baby gently on his or her hands, tummy, and feet.

Kind Key Words

What You'll Do ■■■■■■

Sing "Love Your Neighbor" (not on the CD) to the tune of "If You're Happy and You Know It" to play with an active and alert baby seated on your lap.

🎵 **Love your neighbor as yourself, as yourself.** (*stretch baby's arms wide; then bring arms in to help baby hug self*)

Love your neighbor as yourself, as yourself. (*stretch baby's arms wide; then bring arms in to help baby hug self*)

Give them great big smiles and funny little laughs. (*touch baby's mouth; then touch baby's tummy*)

Love your neighbor as yourself, as yourself. (*stretch baby's arms wide; then bring arms in to help baby hug self*)

Say: ► **GOD SAYS TO TREAT OTHERS KINDLY. When you love your neighbor as yourself, you're obeying God.**



Weaving Faith at Home

Have children take home their “Growing With Jesus” pages. Encourage parents to do the activities with children to help them grow with Jesus. By working together and focusing on the same goals, you and parents can help children weave faith into their lives!

Talk to your Director about emailing the FREE FamilyConnect to all your church’s families. Available at group.com/digital.

TODDLER

1 GETTING STARTED

Sing and Celebrate

What You’ll Do

Sing or listen to “Moses on the Mountain” (track 7 on the CD) to the tune of “The Farmer in the Dell” anytime during the lesson. Set out a large block for each toddler. Encourage toddlers to use the blocks as drums as they sing.

🎵 **There was a man named Moses.
He climbed up on a hill.
God met Moses there that day,
And talked about his will.**

**God said, “Love the Lord your God,
And love others, too.
Treat each other kindly—
That’s what I want you to do.”**

Afterward, say: ► **GOD SAYS TO TREAT OTHERS KINDLY.**

Sing “Learning Lovingkindness” (not on the CD) to the tune of “Baby Bumblebee” anytime during the lesson. As toddlers sing, let them give out hugs to other children or to the adult helpers.

🎵 **I’m learning how to treat others kindly.
Won’t my parents be so proud of me?
I’m learning how to treat others kindly,
(Spoken) Just like God tells me!**

Afterward, say: ► **GOD SAYS TO TREAT OTHERS KINDLY.**



Weaving Faith at Home Supplies

My Bible Snuggles or 1 copy per child of the “Growing With Jesus” page (at the end of the lesson)

Weaving Faith at Home Easy Prep

Remove the Lesson 5 pages from each My Bible Snuggles student book.

Sing and Celebrate Supplies

CD player
1 large block per child
Teacher Pack
CD: “Moses on the Mountain” (track 7)





T.O.K. (Treat Others Kindly) Supplies

Bible
white glue
fine-tip knife

Teacher Pack

“Moses Receives the Ten Commandments” teaching picture

T.O.K. (Treat Others Kindly) Easy Prep

Trace over the letters on the teaching picture with white glue. Let it dry thoroughly. This will give the letters a raised feel. Use a fine-tip knife to cut on the solid line around the outside of the right-hand tablet in the teaching picture, and fold it over the left-hand tablet like a closed book.

Building-Blocks of Kindness Supplies

set of blocks

2 BIBLE EXPLORATION


T.O.K. (Treat Others Kindly)

What You'll Do ■■■■■■

Gather a group of toddlers together. Open your Bible to Exodus 19, and point to the words. Tell them the Bible is God's special book.

Say: **The Bible says God gave a man named Moses two big stone tablets with rules on them. They're very important because they tell us how to live the way God wants us to.** Hold up the folded teaching picture, and then open it. **Let's touch the letters.** Wait for toddlers to touch the raised letters. **The message tells us that ► GOD SAYS TO TREAT OTHERS KINDLY.**

Let's sing a song. Lead children in singing “Learning Lovingkindness” (not on the CD) to the tune of “Baby Bumblebee” as you rock back and forth.

 **I'm learning how to treat others kindly.
Won't my parents be so proud of me?
I'm learning how to treat others kindly,
(Spoken) Just like God tells me!**

Ask each child the following questions:

Ask:

- **May I give you a kind pat on the arm?** If the toddler gives you permission, gently pat his or her arm.
- **Can you give me a kind pat on the arm?** Allow the toddler to pat you.

Say: **Thank you for that kind pat. God is pleased when we treat others kindly.**

3 WEAVING FAITH INTO LIFE

Building-Blocks of Kindness

What You'll Do ■■■■■■

Gather three or four toddlers around a set of blocks. Say: **Moses went up on a mountain to get a message from God. The message was written on two stone tablets. Let's pretend to carry our blocks the way Moses carried the tablets.** Have



toddlers move the blocks to a nearby area of the room. **The message on the tablets told us to treat others kindly. Let's help each other build a mountain with our blocks.** Encourage toddlers to hand blocks to each other as they build.


Allow toddlers time to build with the blocks. Each time a child hands a block to another, applaud and cheer his or her kindness.

Say: ► **GOD SAYS TO TREAT OTHERS KINDLY.**

Tender Tunes

What You'll Do ■■■■■■

Enjoy this action song with your toddlers. Sing "Treat Others Kindly" (not on the CD) to the tune of "Ten Little Indians." At the end of the song, do a group hug together.

 **God wants us to treat others kindly.**
God wants us to treat others kindly.
God wants us to treat others kindly.
Here's a hug for you.

Say: ► **GOD SAYS TO TREAT OTHERS KINDLY.**

Weaving Faith at Home

Have children take home their "Growing With Jesus" pages. Encourage parents to do the activities with children to help them grow with Jesus. By working together and focusing on the same goals, you and parents can help children weave faith into their lives!

Talk to your Director about emailing the FREE FamilyConnect to all your church's families. Available at group.com/digital.

2-YEAR-OLD

1 GETTING STARTED

Sing and Celebrate

What You'll Do ■■■■■■

Sing or listen to "Moses on the Mountain" (track 7 on the CD) to the tune of "The Farmer in the Dell" anytime during the lesson. As you sing, do the actions the words suggest by pretending to climb a mountain, cupping your ear to listen, and giving a group hug.



Weaving Faith at Home Supplies

My Bible Snuggles or 1 copy per child of the "Growing With Jesus" page (at the end of the lesson)

Weaving Faith at Home Easy Prep

Remove the Lesson 5 pages from each My Bible Snuggles student book.

Sing and Celebrate Supplies

CD player
Teacher Pack
CD: "Moses on the Mountain" (track 7)





Please Pass the Kindness Supplies


Bible
scissors
shallow tray
washable paint
1 cotton ball per child
My Bible Snuggles or 1 copy per child of the “Moses Shows the Ten Commandments” handout (at the end of the lesson)

Teacher Pack

“God Gives the Ten Commandments” poster (from the Big Bible Poster Pack)

Please Pass the Kindness Easy Prep


Remove the Lesson 5 pages from each My Bible Snuggles student book. If it isn't already cut, cut the poster in half, and cut out the stone tablets from the right half of the poster. Display the left half of the poster (showing Moses holding the stone tablets) where you'll gather the children. Pour washable paint into a shallow tray.

 There was a man named Moses.
He climbed up on a hill.
God met Moses there that day,
And talked about his will.

God said, “Love the Lord your God,
And love others, too.
Treat each other kindly—
That's what I want you to do.”

Afterward, say: ► **GOD SAYS TO TREAT OTHERS KINDLY.**

Sing “Learning Lovingkindness” (not on the CD) to the tune of “Baby Bumblebee” anytime during the lesson. As twos sing, let them give hugs to other children or to the adult helpers.

 I'm learning how to treat others kindly.
Won't my parents be so proud of me?
I'm learning how to treat others kindly,
(Spoken) Just like God tells me!

Afterward, say: ► **GOD SAYS TO TREAT OTHERS KINDLY.**

2 BIBLE EXPLORATION

Please Pass the Kindness

What You'll Do


Gather 2-year-olds together. Point out the poster of Moses holding the stone tablets. Open your Bible to Exodus 19, and show children the words. Tell them the Bible is God's special book.

Say: **Moses received two stone tablets from God with some special messages on them.** Hold up the section of the poster with the Ten Commandments tablets. **The first tablet said “Love the Lord your God.” The second tablet said “Treat others kindly.” God thinks it's really important that we're nice to our families and friends. His rules tell us to treat others kindly. We're going to practice being kind to each other because ► GOD SAYS TO TREAT OTHERS KINDLY.**

Give each child a cotton ball to hold. Say: **These cotton balls are really soft. Let's pretend that our cotton balls are “kindness balls” that we can use to pass kindness to others.** Encourage children to practice gently patting the poster. Then show children how to go around patting each other gently with their kindness balls. Say: **I'm treating you kindly.**



As children pat each other with their kindness balls, sing “Soft, Kind Pats” (not on the CD) to the tune of “Three Blind Mice.”

 **Soft, kind pats! Soft, kind pats!**
Great big hugs! Great big hugs!
To show God’s love as he wants me to,
I’ll be kind and loving, too.
I will show God’s love to you,
With soft, kind pats; soft, kind pats.

After singing the song, give each child a copy of the “Moses Shows the Ten Commandments” handout. Have children dip their cotton balls into the paint and gently give soft, kind pats to the people pictured on their handouts.

When each child finishes, set his or her handout aside to dry. As you help children wash their hands, say: ► **GOD SAYS TO TREAT OTHERS KINDLY.**

3 WEAVING FAITH
INTO LIFE

Roll the Ball

What You’ll Do

Give each child a soft foam ball. Help children form pairs and sit on the floor feet to feet.

Say: ► **GOD SAYS TO TREAT OTHERS KINDLY.** Have children try to roll the ball to their partners. Using two balls for each pair may present a real challenge. Encourage children to work together so that a child doesn’t have two balls at the same time. Some children may choose to roll the balls two at a time. The important thing is to watch for cooperation between the two children.

Say: **I see how well you’re working together and being kind to each other. You’re doing what God says to do!** ► **GOD SAYS TO TREAT OTHERS KINDLY.**

Tablet Treats

What You’ll Do

Help children clean their hands. Put children in pairs to help each other with their snacks.

Say: **We’re learning to treat each other kindly. You’re going to make a snack for your partner today. You’ll write on the cracker just as God wrote on the tablets he gave to Moses.**



Roll the Ball Supplies

soft foam ball for each
child

Tablet Treats Supplies

scissors
1 graham cracker
square per child
cream cheese
small resealable plastic
bags
paper plates
antibacterial gel
(optional)

ALLERGY ALERT

Tablet Treats Easy Prep

For each child, place
about a tablespoon
of cream cheese in a
resealable plastic bag
with a corner cut off.





Weaving Faith at Home Supplies

My Bible Snuggles or 1 copy per child of the "Growing With Jesus" page (at the end of the lesson)

Give each child a graham cracker square on a paper plate and one of the resealable plastic bags with cream cheese in it. Help children squeeze the cream cheese out of the corner of the plastic bag onto their crackers to make tablets that resemble the ones God gave to Moses. Then have children give the snack they prepared to their partners.

Say: ► **GOD SAYS TO TREAT OTHERS KINDLY.** Point out that the children are doing this by helping their friends make the snack.

Let children enjoy eating while you talk about other ways children can be kind to others.

Weaving Faith at Home

Have children take home their "Growing With Jesus" pages. Encourage parents to do the activities with children to help them grow with Jesus. By working together and focusing on the same goals, you and parents can help children weave faith into their lives!

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Growing With Jesus

Your child learned God says to treat others kindly (from Exodus 19:16–20:21). Your child participated in one of the following activities today. You can use these activities with your child to help your child grow with Jesus throughout the week.

INFANT

Kind Cuddles

Set your baby on a blanket on the floor. Hold a stuffed animal near your baby.

Say: [Baby's name], **what's this? It's a stuffed animal that wants to show you how to care. It's patting you on the arm. It's treating you kindly. Can you pat the animal's arm?** Help your baby touch the animal gently on the arm.

Repeat the activity by using the stuffed animal to touch your baby gently on his or her hands, tummy, legs, and feet.

Say: **You're treating the animal kindly. God says to treat others kindly. You're doing a wonderful job listening to God.**



Use these ideas to help your child become a FaithWeaver:

- Each time you catch your child treating others kindly, put a chocolate chip in a see-through container. When you accumulate enough chips, bake cookies together.
- Invite some friends over to play, with the purpose of practicing kindness with friends.

TODDLER

Tender Tunes

Enjoy this action song with your toddler. Sing "Treat Others Kindly" to the tune of "Ten Little Indians." At the end of the song, hug each other.

**God wants us to treat others kindly.
God wants us to treat others kindly.
God wants us to treat others kindly.
Here's a hug for you.**

Afterward, say: **God says to treat others kindly.**

2-YEAR-OLD

Tablet Treats

Say: **We're learning to treat each other kindly. Let's make a snack for each other today. We'll write on the crackers just as God wrote on the tablets he gave to Moses.**

Set out graham cracker squares. Place about a tablespoon of cream cheese in a small resealable plastic bag with a corner cut off. Help your child squeeze the cream cheese out of the corner of the plastic bag onto the crackers to make tablets that resemble the ones God gave to Moses. Then each of you give the snack you made to the other.

As you enjoy your snack, talk about other ways you and your child can treat others kindly.



Empathy and Behavior

While children are very focused on themselves in the early years, parents can encourage empathy that leads to kind behavior. Remember that you're shaping your little one for adulthood. Here are some tips for encouraging empathy and kind behavior:

- Take note of how things make your child feel. Find ways to help your child see when others might feel the same way.
- Find ways to help your child understand how his or her actions make you feel and why.
- Find ways to help your child understand how his or her actions affect others.

OK TO COPY



Moses Shows the Ten Commandments



OK
TO COPY

Illustrated by Nancy Munger.

