




God Gives the Ten Commandments (Part 1) Exodus 19:16–20:21

Children need boundaries to feel safe. However, in the search for independence, children are bound to push limits. When that happens, it's good to give children choices. Rather than simply saying, "You need to pick up the blocks," give the child a choice. Ask, "Do you want to pick up the red or the green blocks first?" This approach lets children learn to obey while still feeling in control of their choices. As you help children learn to obey the people in authority over them—like parents and teachers—you're also helping them learn what it means to obey God.

INFANT

LESSON	WHAT CHILDREN DO	SUPPLIES	EASY PREP
1 Getting Started	Sing and Celebrate Listen to praise songs.	CD player Teacher Pack: CD	
2 Bible Exploration	Show Our Love Pat the "commandments" to show love for God.	Teacher Pack: "Ten Commandments" teaching picture 	
3 Weaving Faith Into Life	Stick With God's Love Play with a heart sticker to learn about God's love.	Teacher Pack: "Heart" stickers	
	Name Game Hear the sound of their names to reinforce the Bible Point.		
	Weaving Faith at Home Take home their "Growing With Jesus" pages.	My Bible Snuggles or 1 copy per child of the "Growing With Jesus" page (at the end of the lesson)	Remove the Lesson 4 pages from each My Bible Snuggles student book.

Bold text within the lesson is spoken text.



► **Bible Point**
Obey God.

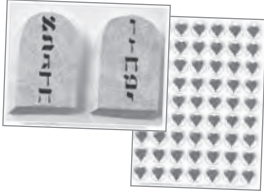
Key Verse
"You shall have no other gods before me" (Exodus 20:3).

Weaving Faith Into Life
Children will learn that we obey God.





TODDLER

LESSON	WHAT CHILDREN DO	SUPPLIES	EASY PREP
1 Getting Started	Sing and Celebrate Listen to or sing praise songs.	CD player Teacher Pack: CD	
2 Bible Exploration	Love and Obey Learn about Moses and the Ten Commandments, and then respond by sticking hearts on the tablets.	Bible Teacher Pack: “Ten Commandments” teaching picture, “Heart” stickers 	
3 Weaving Faith Into Life	Ten Commandments Countdown Count 10 blocks and 10 fingers to know God’s love.	10 blocks or toys	
	Time to Love God Do a simple movement activity.		
	Weaving Faith at Home Take home their “Growing With Jesus” pages.	My Bible Snuggles or 1 copy per child of the “Growing With Jesus” page (at the end of the lesson)	Remove the Lesson 4 pages from each My Bible Snuggles student book.

Bold text within the lesson is spoken text.


The “Growing With Jesus” page at the end of each lesson includes an in-class craft or activity on one side and a take-home page for parents on the other side. We want to ensure all the information on the parent pages is retained, so we’ve made some adjustments to activities that require cutting. These pages may require a little assembly for parents to use at home, and we’ve included envelopes in the supply lists to keep each child’s pieces together.





2-YEAR-OLD



LESSON	WHAT CHILDREN DO	SUPPLIES	EASY PREP
<p>1 Getting Started</p>	<p>Sing and Celebrate Listen to or sing praise songs.</p>	<p>CD player Teacher Pack: CD</p>	
<p>2 Bible Exploration</p>	<p>God Gives the Ten Commandments Act out Moses getting the Ten Commandments from God.</p>	<p>Bible, scissors Teacher Pack: “God Gives the Ten Commandments” poster (from the Big Bible Poster Pack), “Heart” stickers</p> 	<p>Cut the “God Gives the Ten Commandments” poster in half. Then cut out the stone tablets from the right half of the poster. Display the left half of the poster (showing Moses holding the stone tablets) where you’ll gather the children for the Bible Exploration time.</p>
<p>3 Weaving Faith Into Life</p>	<p>Love Notes for God Make fancy love notes for God.</p>	<p>CD players, pen, crayons, My Bible Snuggles or 1 copy per child of the “Love Note for God” handout (at the end of the lesson) Teacher Pack: “Heart” stickers, CD</p>	<p>Remove the Lesson 4 pages from each My Bible Snuggles student book.</p>
	<p>We Love the Lord Our God Play a circle game.</p>		
	<p>Weaving Faith at Home Take home their “Growing With Jesus” pages.</p>	<p>My Bible Snuggles or 1 copy per child of the “Growing With Jesus” page (at the end of the lesson)</p>	

***Bold text** within the lesson is spoken text.*

The “Growing With Jesus” page at the end of each lesson includes an in-class craft or activity on one side and a take-home page for parents on the other side. We want to ensure all the information on the parent pages is retained, so we’ve made some adjustments to activities that require cutting. These pages may require a little assembly for parents to use at home, and we’ve included envelopes in the supply lists to keep each child’s pieces together.





INFANT

1

**GETTING
STARTED**

Sing and Celebrate

What You'll Do

Sing or listen to “We Love the Lord Our God” (track 5 on the CD) to the tune of “Do Lord” anytime during the lesson. As you sing, gently bounce a baby on your knee for the first verse, and clap the baby’s hands gently during the second verse.



**Love God, we love God.
We love the Lord our God.
Love God, we love God.
We love the Lord our God.
Love God, we love God.
We love the Lord our God.
Yes, we love the Lord our God.**

**Follow, we follow,
We follow the rules of God.
Follow, we follow,
We follow the rules of God.
Follow, we follow,
We follow the rules of God.
Yes, we love to follow God’s rules.**

Afterward, say: **We ► OBEY GOD.**

Sing “God’s Rules” (not on the CD) to the tune of “London Bridge” anytime during the lesson. Use it as a rocking song to settle a fussy baby or to tell the story quietly.



**Up the mountain Moses climbed,
Moses climbed, Moses climbed.
Up the mountain Moses climbed
To hear God’s rules.**

**God said, “Love me over all,
“Over all, over all.”
God said, “Love me over all,
“And follow my rules.”**

Afterward, say: **We ► OBEY GOD.**



Sing and Celebrate Supplies

CD player

Teacher Pack

CD: “We Love the Lord
Our God” (track 5)





Show Our Love Supplies

Teacher Pack
“Ten Commandments”
teaching picture

Stick With God’s Love Supplies

Teacher Pack
“Heart” stickers

2 BIBLE EXPLORATION

Show Our Love

What You’ll Do ■■■■■■

Hold an infant on your lap. Place the “Ten Commandments” teaching picture in front of the baby.

Say: **Moses went up to the top of a mountain to talk with God. God said, “I love you and want to give you rules to keep you safe.” The first rule says we should love God. We show God our love by obeying his rules.** Help baby pat the picture while you say: **We ► OBEY GOD.**

3 WEAVING FAITH INTO LIFE

Stick With God’s Love

What You’ll Do ■■■■■■

Remove a heart sticker from the sticker sheet. Seat an infant on your lap.

Say: **God always loves you. We make God happy by obeying him.** Hold the heart sticker in front of the baby. **This heart shows God’s love for you. God loves every part of you.** Gently stick part of the sticker on baby’s arm. **God loves your arms.** Peel off the sticker. Stick it on baby’s leg. **God loves your legs.** Peel off the sticker. Place it on the front of baby’s head. **Just as this sticker shows God’s love for you, we show God we love him when we obey him. We ► OBEY GOD.**

Hold the heart sticker on your fingers, and allow the baby to touch it. To avoid a choking hazard, don’t allow baby to hold the sticker.

Name Game

What You’ll Do ■■■■■■

Repeat the first sound of a baby’s name as you do this chant face to face. For example, Sebina would be “Se-se-se-se-Sebina.”



Say: **Ba-ba-ba-ba-baby**
Loves the Lord our God.
 [Baby's name] **obeys God, too.**
All God's little children love the Lord our God.
And the Lord our God loves little you!

The repetition of sounds reinforces baby's beginning attempts at babbling. Watch to see if the baby begins to imitate you.

Afterward, say: **When we ► OBEY GOD, we show him we love him.**

Weaving Faith at Home

Have children take home their "Growing With Jesus" pages. Encourage parents to do the activities with children to help them grow with Jesus. By working together and focusing on the same goals, you and parents can help children weave faith into their lives!

Talk to your Director about emailing the FREE FamilyConnect to all your church's families. Available at god.com/digital.

TODDLER

1 GETTING STARTED

Sing and Celebrate

What You'll Do ■■■■■■

Sing or listen to "We Love the Lord Our God" (track 5 on the CD) to the tune of "Do Lord" anytime during the lesson. As you sing, have children follow as you lead the motions in parentheses.

- ♪ **Love God, we love God.** (*wrap arms around chest*)
- We love the Lord our God.** (*wrap arms around chest; then point up*)
- Love God, we love God.** (*wrap arms around chest*)
- We love the Lord our God.** (*wrap arms around chest; then point up*)
- Love God, we love God.** (*wrap arms around chest*)
- We love the Lord our God.** (*wrap arms around chest; then point up*)
- Yes, we love the Lord our God.** (*wrap arms around chest; then point up*)

- Follow, we follow,** (*march in place*)
- We follow the rules of God.** (*march in place; then point up*)
- Follow, we follow,** (*march in place*)
- We follow the rules of God.** (*march in place; then point up*)



Weaving Faith at Home Supplies

My Bible Snuggles or 1 copy per child of the "Growing With Jesus" page (at the end of the lesson)

Weaving Faith at Home Easy Prep

Remove the Lesson 4 pages from each My Bible Snuggles student book.

Sing and Celebrate Supplies

CD player

Teacher Pack

CD: "We Love the Lord Our God" (track 5)






Follow, we follow, *(march in place)*

We follow the rules of God. *(march in place; then point up)*

Yes, we love to follow God's rules. *(march in place; then point up)*

Afterward, say: **We ► OBEY GOD.**

Sing "God's Rules" (not on the CD) to the tune of "London Bridge" anytime during the lesson. Use it as a quieting song to prepare toddlers for the Bible Exploration time. Sing it as they sit on the floor with you and follow your motions.

 **Up the mountain Moses climbed,** *(make climbing motions with your hands)*
Moses climbed, Moses climbed. *(make climbing motions with your hands)*
Up the mountain Moses climbed *(make climbing motions with your hands)*
To hear God's rules. *(cup hands around ears; then look up)*

God said, "Love me over all, *(point up; then wrap arms around chest)*

Over all, over all." *(wrap arms around chest)*

God said, "Love me over all, *(point up; then wrap arms around chest)*

And follow my rules." *(cup hands around ears; then look up)*

Afterward, say: **We ► OBEY GOD.**

2

BIBLE EXPLORATION

Love and Obey

What You'll Do

Sit on the floor with one or two toddlers. Open your Bible to Exodus 19, and show children the words. Tell them the Bible is God's special book.

Say: **God asked Moses to climb a big mountain. Up, up, up!** Sit up and stretch higher and higher as you speak. **When Moses got to the top of the mountain, God gave him two big rock tablets with rules on them. Moses took the rules down the mountain and told the people about them.**

Hold up the "Ten Commandments" teaching picture for children to see. Say: **God gave us rules because he loves us. The first rule says we're to love God. One way we can show God we love him is by obeying his rules. Let's cover the tablets with hearts to remember that when we ► OBEY GOD, we show him we love him.**

Give kids each a heart sticker to place on the tablets in the picture to remember that when they obey God, it shows they love God. Sing "Love the Lord Your God" (not on the CD) to the tune of "The Farmer in the Dell" as children place their heart stickers.

Love and Obey Supplies

Bible

Teacher Pack

"Ten Commandments"
teaching picture

"Heart" stickers





Love the Lord Your God.
Love the Lord Your God.
The first and most important rule is
Love the Lord Your God.

Afterward, say: **When we ► OBEY GOD, we show him we love him.**



3 WEAVING FAITH INTO LIFE

Ten Commandments Countdown

What You'll Do ■■■■■■

Gather 10 blocks or toys near you. Hold a toddler on your lap.

Say: **God loved us so much that he gave us 10 rules to live by. We call these the Ten Commandments. We show God we love him by following his rules. We have 10 blocks in front of us. Let's count to 10 together.** Take the toddler's hand in yours, and count the 10 blocks.

Say: **You also have 10 fingers. Let's count your fingers.** Gently touch each of the toddler's fingers as you count to 10. Say this rhyme as you count with him or her.

Say: **One, two, three,
God loves me.
Four, five, six,
Rules God picks.
Seven, eight, nine,
God loves us all the time.
Ten, ten, ten,
Let's count God's rules again.
One, two, three, four, five, six, seven, eight, nine, ten!**

Afterward, say: **We ► OBEY GOD.**

Time to Love God

What You'll Do ■■■■■■

Call a few toddlers to join you in sitting on the floor.

Say: **The first rule God gave us says we're to love God. Let's think about times we can tell God we love him.** Lead toddlers in following you in this simple movement activity.

Ten Commandments
Countdown
Supplies

.....
10 blocks or toys





Weaving Faith at Home Supplies

My Bible Snuggles or 1 copy per child of the “Growing With Jesus” page (at the end of the lesson)

Weaving Faith at Home Easy Prep

Remove the Lesson 4 pages from each My Bible Snuggles student book.

Sing and Celebrate Supplies

CD player
Teacher Pack
 CD: “We Love the Lord Our God” (track 5)

Say: **In the morning when you wake up**, (*sit up and stretch*)
 Say, “I love you, God.”
At noon when you eat lunch, (*make eating motions with hands*)
 Say, “I love you, God.”
In the afternoon while playing, (*jump around*)
 Say, “I love you, God.”
At night before you go to sleep, (*sit down and tuck hands under head*)
 Say, “I love you, God.”

You can add variety to this activity by changing the volume of your voice with each “I love you, God.” Begin softly and get louder with each repetition.

Afterward, say: **We can ► OBEY GOD by telling him we love him.**

Weaving Faith at Home

Have children take home their “Growing With Jesus” pages. Encourage parents to do the activities with children to help them grow with Jesus. By working together and focusing on the same goals, you and parents can help children weave faith into their lives!

Talk to your Director about emailing the FREE FamilyConnect to all your church’s families. Available at group.com/digital.


2-YEAR-OLD

1 GETTING STARTED

Sing and Celebrate

What You’ll Do ■■■■■■

Sing or listen to “We Love the Lord Our God” (track 5 on the CD) to the tune of “Do Lord” anytime during the lesson. Before you sing, show children the motions for *love* (arms crossed over chest) and for *God* (pointing up). Lead them in using these motions as you play the song on the CD.


 **Love God, we love God.** (*cross arms over chest*)
We love the Lord our God. (*cross arms over chest; then point up*)
Love God, we love God. (*cross arms over chest*)
We love the Lord our God. (*cross arms over chest; then point up*)
Love God, we love God. (*cross arms over chest*)
We love the Lord our God. (*cross arms over chest; then point up*)
Yes, we love the Lord our God. (*cross arms over chest; then point up*)



Follow, we follow, *(march in place)*
We follow the rules of God. *(march in place; then point up)*
Follow, we follow, *(march in place)*
We follow the rules of God. *(march in place; then point up)*
Follow, we follow, *(march in place)*
We follow the rules of God. *(march in place; then point up)*
Yes, we love to follow God’s rules. *(march in place; then point up)*

Afterward, say: **We ► OBEY GOD.**

Sing “God’s Rules” (not on the CD) to the tune of “London Bridge” anytime during the lesson. Use it to cool down after the previous song or as a calming song before the Bible Exploration time. Have children sit in a circle around you and sway to the music as you lead them in singing and acting out the motions.

 **Up the mountain Moses climbed,** *(make climbing motions with your hands)*
Moses climbed, Moses climbed. *(make climbing motions with your hands)*
Up the mountain Moses climbed *(make climbing motions with your hands)*
To hear God’s rules. *(cup hands around ears; then look up)*

God said, “Love me over all, *(point up; then wrap arms around chest)*
Over all, over all.” *(wrap arms around chest)*
God said, “Love me over all, *(point up; then wrap arms around chest)*
And follow my rules.” *(cup hands around ears; then look up)*

Afterward, say: **We ► OBEY GOD.**

**2 BIBLE
EXPLORATION**

God Gives the Ten Commandments

What You’ll Do

Gather a group of 2-year-olds together. Let them look at the half of the poster with Moses holding the stone tablets. Open your Bible to Exodus 19, and show children the words. Tell them the Bible is God’s special book.

Say: **Today we’re going to hear how God gave Moses the Ten Commandments. In the desert, God called to Moses. He said “Moses.”** Lead the children in saying “Moses” in a deep, booming voice.

Say: **God said, “Moses, I want you to meet me on top of this high mountain.”** Have the children stretch up on their toes to reach high in the sky like a high mountain. **So Moses climbed the mountain.** Make climbing motions with the children. Then have children sit down.



God Gives the Ten Commandments Supplies

- Bible
- scissors
- Teacher Pack**
- “God Gives the Ten Commandments” poster (from the Big Bible Poster Pack)
- “Heart” stickers

God Gives the Ten Commandments Easy Prep

Cut the “God Gives the Ten Commandments” poster in half. Then cut out the stone tablets from the right half of the poster. Display the left half of the poster (showing Moses holding the stone tablets) where you’ll gather the children for the Bible Exploration time.





Love Notes for God Supplies

CD player
pen
crayons
My Bible Snuggles or 1
copy per child of the
“Love Note for God”
handout (at the end of
the lesson)

Teacher Pack

“Heart” stickers
CD: “Love the Lord”
(Deuteronomy 6:4-9)
(track 6)

Love Notes for God Easy Prep

Remove the Lesson 4
pages from each My
Bible Snuggles student
book.

Say: **When Moses got to the top of the mountain, God gave him two stone tablets. Hold up the Ten Commandments tablets. The tablets had rules on them. The first rule said to love God. When we love God, it makes God happy.** Lead children in hugging themselves while saying “love.” Next have them point up and say “God.” Make a game of leading children in repeating these motions faster and faster.

Say: **God gave the same rules to Moses that he wants us to keep today, and the first rule is “Love God.” When we ► OBEY GOD, we show him we love him.** Help each child place a heart sticker on the stone tablets as he or she says, “We love God.”

After the lesson, remove the heart stickers from the stone tablets and place the tablets back in the Teacher Pack for use in a later lesson.

3 WEAVING FAITH INTO LIFE

Love Notes for God

What You’ll Do ■■■■■■

Call several 2-year-olds to join you for a craft. Say: **We learned today that we ► OBEY GOD. God gave us rules. The first rule is to love God. Today we’re going to make a love note to show we love God.**

Give each child a “Love Note for God” handout. Help children each place a heart sticker on the heart, and have them color the card. Invite older twos to tell you one thing they love about God. Write that message on the heart, explaining that you’re writing the words they say.

While 2-year-olds are working, play in the background the song “Love the Lord” (Deuteronomy 6:4-9) (track 6 on the CD).

When everyone is finished, say: **We can ► OBEY GOD by showing him we love him.**

We Love the Lord Our God

What You’ll Do ■■■■■■

Help twos hold hands and form a circle. Say: **We heard today about the rule to love God. Let’s play a game to help us remember that when we ► OBEY GOD, we show him that we love him.**

Sing “We Love the Lord Our God” (not on the CD) to the tune of “The Hokey Pokey.” Encourage twos to do what the song says without letting go of each other’s hands.



We put our arms in,
We put our arms out,
We put our arms in,
Then we shake ourselves about.
We think of the commandments,
And they make us want to shout,
“We love the Lord our God!”

We put our heads in,
We put our heads out,
We put our heads in,
Then we shake ourselves about.
We think of the commandments,
And they make us want to shout,
“We love the Lord our God!”

Afterward, say: **We ► OBEY GOD.**

Weaving Faith at Home

Have children take home their “Growing With Jesus” pages. Encourage parents to do the activities with children to help them grow with Jesus. By working together and focusing on the same goals, you and parents can help children weave faith into their lives!

Talk to your Director about emailing the FREE FamilyConnect to all your church’s families. Available at group.com/digital.



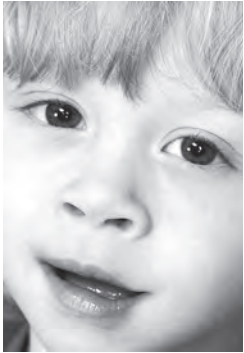
Weaving Faith at Home Supplies

.....
My Bible Snuggles or 1
copy per child of the
“Growing With Jesus”
page (at the end of the
lesson)



HOME
CONNECT®

Growing With Jesus



Establishing Early Rules

As you teach young children about rules, let them know rules are designed to keep us safe and happy. Having too many rules often makes children insecure about when they're going to step over the line. Having too few (or unenforced) rules causes a child to feel adrift rather than connected to an important support system. So it's wise to have just enough rules to keep track of—just as God gave the Ten Commandments.

For now, make sure the rules are simple and memorable. For example, "Obey and be kind."

OK
TO COPY

Your child learned the first commandment and that we obey God (from Exodus 19:16–20:21). Your child participated in one of the following activities today. You can use these activities with your child to help your child grow with Jesus throughout the week.

INFANT

Name Game

Repeat the first sound of your baby's name as you do this chant face to face. For example, Sebina would be "Se-se-se-se-Sebina."

Say: **Ba-ba-ba-ba-baby Loves the Lord our God.**
[Baby's name] **obeys God, too.**

All God's little children love the Lord our God. And the Lord our God loves little you!

The repetition of sounds reinforces your baby's beginning attempts at babbling. Watch to see if your child begins to imitate you.

Afterward, say: **When we obey God, we show him we love him.**



Use these ideas to help your child become a FaithWeaver:

- Count your child's 10 fingers and toes. Remind your child of God's Ten Commandments and the first commandment, which is to love God.
- As you create and reinforce family rules, repeat the foundational rule: "We love God." You might say, "We love God, and we don't throw blocks."

TODDLER

Time to Love God

Do this simple movement activity with your child.

Say: **In the morning when you wake up, (sit up and stretch)**
Say, "I love you, God."
At noon when you eat lunch, (make eating motions with hands)
Say, "I love you, God."
In the afternoon while playing, (jump around)
Say, "I love you, God."
At night before you go to sleep, (sit down and tuck hands under head)
Say, "I love you, God."

You can add variety to this activity by changing the volume of your voice with each "I love you, God." Begin softly and get louder with each repetition.

Afterward, say: **We can obey God by telling him we love him.**

2-YEAR-OLD

We Love the Lord Our God

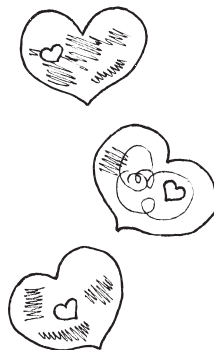
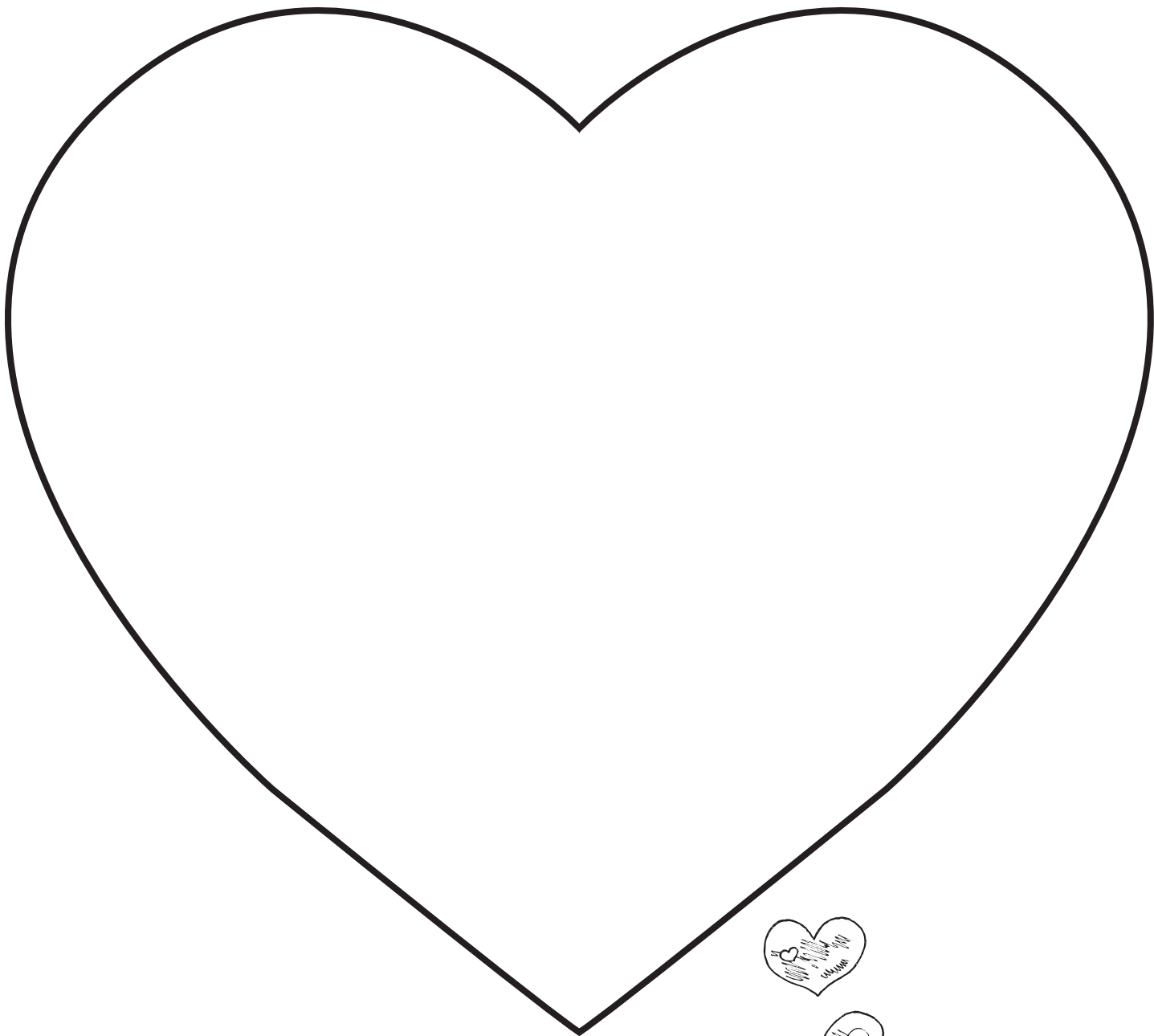
Sing "We Love the Lord Our God" to the tune of "The Hokey Pokey." Encourage your child to do what the song says while holding your hands.

**We put our arms in,
We put our arms out,
We put our arms in,
Then we shake ourselves about.
We think of the commandments,
And they make us want to shout,
"We love the Lord our God!"**

Afterward, say: **We obey God.**



Love Note for God



**OK
TO COPY**
Illustrated by Nancy Munger.



