



# God Sends Quail and Manna

Exodus 16:1-26

Babies express their needs through cries. Toddlers may use single words, gestures, or other behaviors to express their emotions and needs. As you get to know each child's "language" and identify the need he or she is expressing, you can also teach toddlers and babies about God's trustworthiness by being consistently attentive and caring. You become one of the first models of God's provision.

## INFANT

LESSON	WHAT CHILDREN DO	SUPPLIES	EASY PREP
<b>1</b> Getting Started	<b>Sing and Celebrate</b> Listen to praise songs.	CD player <b>Teacher Pack:</b> CD	
<b>2</b> Bible Exploration	<b>Feel the Feather</b> Feel a feather, and learn how God provided quail for the Israelites.	<b>Teacher Pack:</b> feather	
<b>3</b> Weaving Faith Into Life	<b>Feather Tickles</b> Feel tickles from a feather.	blanket <b>Teacher Pack:</b> feather	
	<b>When You Need...</b> Explore God's provision through an interactive poem.	blanket	
	<b>Weaving Faith at Home</b> Take home their "Growing With Jesus" pages.	My Bible Snuggles or 1 copy per child of the "Growing With Jesus" page (at the end of the lesson)	Remove the Lesson 2 pages from each My Bible Snuggles student book.

*Bold text within the lesson is spoken text.*



### ► Bible Point

God gives us what we need.

### Key Verse

"The Lord is my shepherd, I shall not be in want" (Psalm 23:1).

### Weaving Faith Into Life

Children will recognize that God provides for them.





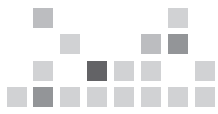
## TODDLER

LESSON	WHAT CHILDREN DO	SUPPLIES	EASY PREP
<b>1</b> Getting Started	<b>Sing and Celebrate</b> Listen to or sing praise songs.	CD player <b>Teacher Pack:</b> CD	
<b>2</b> Bible Exploration	<b>God Provides Quail</b> Learn about the Israelites in the desert, and see God's provision.	Bible, 1 round cracker per child <b>Teacher Pack:</b> feather	
<b>3</b> Weaving Faith Into Life	<b>Feed the Birds</b> Stick bread cubes to a cardboard circle to provide food for the birds.	CD player, hole punch, nontoxic glue, pencil, one 4-inch cardboard circle per child, one 12-inch loop of string per child, bread cubes, wax paper <b>Teacher Pack:</b> CD	Punch a hole near the top of each cardboard circle. Tie a loop of string through the hole.
	<b>Thank You, God</b> Act out God's provision for their needs.		
	<b>Weaving Faith at Home</b> Take home their "Growing With Jesus" pages.	My Bible Snuggles or 1 copy per child of the "Growing With Jesus" page (at the end of the lesson)	Remove the Lesson 2 pages from each My Bible Snuggles student book.

***Bold text** within the lesson is spoken text.*



The "Growing With Jesus" page at the end of each lesson includes an in-class craft or activity on one side and a take-home page for parents on the other side. We want to ensure all the information on the parent pages is retained, so we've made some adjustments to activities that require cutting. These pages may require a little assembly for parents to use at home, and we've included envelopes in the supply lists to keep each child's pieces together.



**2-YEAR-OLD**



LESSON	WHAT CHILDREN DO	SUPPLIES	EASY PREP
<b>1</b> Getting Started	<b>Sing and Celebrate</b> Listen to or sing praise songs.	CD player <b>Teacher Pack:</b> CD	
<b>2</b> Bible Exploration	<b>Food and Fun</b> Catch “quail” and taste crackers to learn about God’s provision for needs.	Bible, flashlight, 2 round crackers per child, paper towels	
<b>3</b> Weaving Faith Into Life	<b>Things We Need</b> Play a game to guess the need for several everyday items.	small umbrella, plate, shoe, pair of mittens, toothbrush, large box	Place the umbrella, plate, shoe, mittens, and toothbrush in the box.
	<b>Match the Need</b> Complete simple puzzles, matching a need to a provision.	CD player, scissors, envelopes, My Bible Snuggles or 1 copy per child and 1 copy for yourself of the “Matching Puzzle” handout (at the end of the lesson) <b>Teacher Pack:</b> CD	Remove the Lesson 2 pages from each My Bible Snuggles student book. Cut apart the simple puzzle pieces on each handout. Place each child’s puzzle in a separate envelope. Prepare an envelope for yourself.
	<b>Weaving Faith at Home</b> Take home their “Growing With Jesus” pages.	My Bible Snuggles or 1 copy per child of the “Growing With Jesus” page (at the end of the lesson)	

*Bold text within the lesson is spoken text.*

The “Growing With Jesus” page at the end of each lesson includes an in-class craft or activity on one side and a take-home page for parents on the other side. We want to ensure all the information on the parent pages is retained, so we’ve made some adjustments to activities that require cutting. These pages may require a little assembly for parents to use at home, and we’ve included envelopes in the supply lists to keep each child’s pieces together.



# God Sends Quail and Manna

Exodus 16:1-26



BIBLE BACKGROUND  
FOR LEADERS

## The People Become Hungry in the Wilderness

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Approximately 30 days had passed since the Hebrew people left Egypt. Apparently the food they had brought with them had run out, and they began complaining. How quickly they had forgotten the oppression of the Egyptians! The people were just starting to get to know God, and they had very little framework to realize God would provide for them. This event marks a learning point for the Israelites.

## God’s Glory Shown to the People

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We don’t know exactly what “the glory of the Lord” was that the Israelites saw in the morning, but it was a visible sign to them (perhaps like the cloud by day and the pillar of fire by night mentioned in Exodus 13). God wanted Israel to know that he was still there, that he was aware of their need, and that he was going to provide for them.

## God Provides for the People

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When the manna appeared the first morning, the Hebrews’ question “What is it?” apparently caught on as its name because manna means “What is it?” Though some have suggested various possibilities for what manna was, nothing we know of today is a good match for the description given in Exodus 16:31: “It was white like coriander seed and tasted like wafers made with honey.”

The miraculous nature of manna is further exhibited in what happened to it over the course of a Sabbath as opposed to a weekday. The Israelites were not to work on the Sabbath but to keep it as a day for worship. Gathering manna on the Sabbath would have been work, so God simply didn’t make it appear. If anyone tried to keep manna from one weekday to the next, it would spoil. However, if anyone kept it

from the morning before the Sabbath, it would stay good through the Sabbath.

## The Jesus Connection

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God is our provider. Everything we have is from God, and he has provided a way for us to have a relationship with him through Jesus.

What do you find yourself wanting more than anything? How often do you view this desire as a need? It’s important to recognize the difference. God allowed the Hebrews to live as slaves for many years. When God decided they needed to leave Egypt, he provided the miraculous opportunity to do so.

Our greatest need is to honor and glorify God. Regardless of our wants, we’re fulfilled when living in God’s will. Write a prayer here to glorify God for giving you what you need.

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**INFANT**

**1** GETTING  
STARTED

# Sing and Celebrate

**What You'll Do** ■■■■■■

Sing or listen to “God Gives Me What I Need” (track 3 on the CD) to the tune of “The Farmer in the Dell” anytime during the lesson. Sing as you gently bounce infants on your knees or help them clap in time to the music.

♪ God gives me what I need.  
God gives me what I need.  
Every day, in every way,  
God gives me what I need.

God gave me a family.  
God gave me a family.  
They love me and watch over me.  
God gave me a family.

Afterward, say: ► **GOD GIVES US WHAT WE NEED.**

Sing “God Will Provide” (not on the CD) to the tune of “Frère Jacques” anytime during the lesson. Sing it as a quieting song when an infant is fussy or ready for sleep. Sing as you hold the infant in your arms and gently rock or walk.

♪ “We are hungry. We are hungry.”  
The people cried. The people cried.  
God sent them the manna. God sent them the manna.  
God provides. God provides.

Afterward, say: ► **GOD GIVES US WHAT WE NEED.**

**2** BIBLE  
EXPLORATION

# Feel the Feather

**What You'll Do** ■■■■■■

Hold an infant on your lap, and show him or her the feather.



## Sing and Celebrate Supplies

CD player  
**Teacher Pack**  
CD: “God Gives Me  
What I Need” (track 3)

## Feel the Feather Supplies

**Teacher Pack**  
feather





### Feather Tickles Supplies

blanket  
Teacher Pack  
feather

### When You Need... Supplies

blanket

### Weaving Faith at Home Supplies

My Bible Snuggles or 1  
copy per child of the  
“Growing With Jesus”  
page (at the end of the  
lesson)

### Weaving Faith at Home Easy Prep

Remove the Lesson 2  
pages from each My  
Bible Snuggles student  
book.

Say: **This is a feather. Feel how soft the feather is?** Touch the feather to baby’s arms, cheeks, and nose. **God sent special birds to feed the Israelites when they were hungry. God gave them what they needed. ► GOD GIVES US WHAT WE NEED, too.** Thank you, God.

## 3 WEAVING FAITH INTO LIFE

### Feather Tickles

#### What You’ll Do ■■■■■■

Have an infant sit or lie on a blanket in front of you. Hold the feather out to the baby.

Say: **This is a feather. Birds have feathers. God gave birds feathers to keep them warm and dry. God sent me to you to help keep you warm and dry. ► GOD GIVES US WHAT WE NEED.**

Gently stroke baby’s chin, arms, and tummy with the feather. Say: **God knows what your chin needs. God knows what your arms need. God knows what your tummy needs. ► GOD GIVES US WHAT WE NEED.**

### When You Need...

#### What You’ll Do ■■■■■■

Lay a baby on a blanket for this activity, or do the activity during changing time.

Say: **When you need food, God provides.** (*gently touch baby’s lips*)

**When you need a smile, God provides.** (*smile at baby*)

**When you need to be washed, God provides.** (*flutter fingers down to baby’s tummy like rain*)

**When you need calm and quiet, God provides.** (*speak in a whisper*)

**When you need love, God provides.** (*gather baby in a hug*)

Hold baby in your arms. Say: **God loves us very much. ► GOD GIVES US WHAT WE NEED. I’m glad God gave me you!**

### Weaving Faith at Home

Have children take home their “Growing With Jesus” pages. Encourage parents to do the activities with children to help them grow with Jesus. By working together and focusing on the same goals, you and parents can help children weave faith into their lives!



Talk to your Director about emailing the FREE FamilyConnect to all your church's families. Available at [group.com/digital](http://group.com/digital).

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**TODDLER**

**1 GETTING STARTED**

# Sing and Celebrate

## What You'll Do

Sing or listen to "God Gives Me What I Need" (track 3 on the CD) to the tune of "The Farmer in the Dell" anytime during the lesson. As you sing, have toddlers stand and gently bounce to the first verse and rock their bodies to the second verse.

**God gives me what I need.**  
God gives me what I need.  
Every day, in every way,  
God gives me what I need.

God gave me a family.  
God gave me a family.  
They love me and watch over me.  
God gave me a family.

Afterward, say: ► **GOD GIVES US WHAT WE NEED.**

Sing "God Will Provide" (not on the CD) to the tune of "Frère Jacques" anytime during the lesson. As you sing, lead toddlers in the motions in parentheses.

**"We are hungry. We are hungry."** (*hold tummy*)  
**The people cried. The people cried.** (*trace tears down face*)  
**God sent them the manna. God sent them the manna.** (*flutter fingers from heaven*)  
**God provides. God provides.** (*wrap arms around self in hug*)

Afterward, say: ► **GOD GIVES US WHAT WE NEED.**



## Sing and Celebrate Supplies

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- CD player
- Teacher Pack**
- CD: "God Gives Me What I Need" (track 3)





### God Provides Quail Supplies

#### Bible

1 round cracker per child

#### Teacher Pack

feather



### Feed the Birds Supplies

CD player

hole punch

nontoxic glue

pencil

one 4-inch cardboard

circle per child

one 12-inch loop of

string per child

bread cubes

wax paper

#### Teacher Pack

CD: "He Cares for You"

(1 Peter 5:7) (track 4)

### Feed the Birds Easy Prep

Punch a hole near the top of each cardboard circle. Tie a loop of string through the hole.



## 2

### BIBLE EXPLORATION

## God Provides Quail

### What You'll Do ■■■■■■

Gather one or two toddlers together. Place the feather and round crackers behind your back. Open your Bible to Exodus 16:1-26, and point to the words.

Say: **The Bible tells of a time the Israelites were very hungry.** Slightly bend over, and hold your tummy while you talk. **They walked a long way in the hot, dry desert. They didn't stop to eat. Some of them were so hungry that they began crying.** Trace imaginary tears down your cheeks.

Say: **Moses prayed to God, "The people are hungry, God." God heard Moses and gave the people food. God sent yummy quail to eat for dinner.** Pull out the feather. **This feather is from a bird like a quail. The Israelites had to catch the birds. Can you catch this feather?** Drop the feather, giving each child a chance to catch it.

Say: **God also sent the Israelites food to eat for breakfast and lunch. The food might have tasted like these yummy crackers. Would you like to taste a cracker?** Let each child have a cracker. **These crackers remind us that ► GOD GIVES US WHAT WE NEED, too. Thank you, God!**

## 3

### WEAVING FAITH INTO LIFE

## Feed the Birds

### What You'll Do ■■■■■■

Say: **God provided the food the Israelites needed. God provides what we need, too. Let's make bird feeders that'll provide for the birds' needs just as God provides for our needs.**

Give each child a cardboard circle on a sheet of wax paper. Spread one side of the cardboard circles with nontoxic glue. Help children stick bread cubes onto the glue. Watch carefully that bread cubes covered with glue don't go into toddlers' mouths. As they work, play the song "He Cares for You" (1 Peter 5:7) (track 4 on the CD) in the background.

When a toddler is finished, put his or her name on the completed bird feeder, and set it aside for the glue to dry. Wash and dry each child's hands. Remind toddlers that **► GOD GIVES US WHAT WE NEED.**





## Thank You, God

### What You'll Do

Call two or three toddlers over to you. Have them sit on the floor around you.

Say: **Watch my fingers and hands. Do what I do as we thank God for giving us what we need.**

Say: **Plants need water.**

**Thank you, God, for rain.** (*flutter fingers from sky*)

**People need shade for rest.**

**Thank you, God, for shady trees.** (*hold hands over head*)

**Birds need food to eat.**

**Thank you, God, for wiggly worms.** (*wiggle index finger like a worm*)

**Children need lots of love.**

**Thank you, God, for loving families.** (*wrap arms around self in hug*)

Afterward, say: ► **GOD GIVES US WHAT WE NEED. Thank you, God!** Lead children in standing and saying, “Yay, God!”

## Weaving Faith at Home

Have children take home their “Growing With Jesus” pages. Encourage parents to do the activities with children to help them grow with Jesus. By working together and focusing on the same goals, you and parents can help children weave faith into their lives!

Talk to your Director about emailing the FREE FamilyConnect to all your church’s families. Available at [group.com/digital](http://group.com/digital).



### Weaving Faith at Home Supplies

My Bible Snuggles or 1 copy per child of the “Growing With Jesus” page (at the end of the lesson)

### Weaving Faith at Home Easy Prep

Remove the Lesson 2 pages from each My Bible Snuggles student book.





## Sing and Celebrate Supplies

CD player

### Teacher Pack

CD: "God Gives Me  
What I Need" (track 3)


## 2-YEAR-OLD

# 1 GETTING STARTED

## Sing and Celebrate

### What You'll Do ■■■■■■


Sing or listen to "God Gives Me What I Need" (track 3 on the CD) to the tune of "The Farmer in the Dell" anytime during the lesson. Before singing, practice hopping and jumping skills. As you sing, lead children in hopping and jumping in time to the first verse and twirling around to the second verse.

 **God gives me what I need.**  
**God gives me what I need.**  
**Every day, in every way,**  
**God gives me what I need.**

**God gave me a family.**  
**God gave me a family.**  
**They love me and watch over me.**  
**God gave me a family.**

Afterward, say: ► **GOD GIVES US WHAT WE NEED.**

Sing "God Will Provide" (not on the CD) to the tune of "Frère Jacques" anytime during the lesson. Start singing very slowly, showing children the motions in parentheses. As they follow your lead, repeat the song several times, singing faster each time.

 **"We are hungry. We are hungry."** (*hold tummy*)  
**The people cried. The people cried.** (*trace tears down face*)  
**God sent them the manna. God sent them the manna.** (*flutter fingers from heaven*)  
**God provides. God provides.** (*wrap arms around self in hug*)

Afterward, say: ► **GOD GIVES US WHAT WE NEED.**





## 2 BIBLE EXPLORATION

### Food and Fun

#### What You'll Do

Put two round crackers on a paper towel for each child, and spread the paper towels on the floor in one area of the room. Invite 2-year-olds to sit on the floor with you away from the crackers. Open your Bible to Exodus 16:1-26, and show children the words. Tell them the Bible is God's special book.

Say: **Today we're learning about how the Israelites wandered in the desert. The desert was different from their old home in Egypt. Nothing grew there...no lettuce, apples, bananas, or other good food. The Israelites were running out of the food they carried with them. They were hungry. Let's pretend we're hungry.** Have children imitate you by holding their tummies and saying, "I'm hungry." **Some of the children were so hungry that they even cried. Let's pretend to cry from hunger.** Have children pretend to cry and wipe tears from their eyes.

Say: **Moses heard the children crying. He asked God for food. God heard Moses' prayer and answered by sending birds called quail. The quail landed on the ground around the Israelites.** Shine a flashlight on the floor near the children. **Pretend there's quail landing near you! Try to catch the quail so you can eat it for dinner.** Encourage each child to "catch" the beam of light before you move on to another child. **God provided quail for the Israelites to eat.**

**God also gave the Israelites food called manna to gather off the ground each day. The manna tasted a little like our crackers.** Hold up one cracker for the children to see. **Each day the Israelites gathered manna to feed their families. Would you like to gather some pretend manna?** Point out the crackers on the paper towels. Tell children they can gather two crackers each. **Before we eat our crackers, let's thank God and remember that ► GOD GIVES US WHAT WE NEED. When I count to three, we'll say, "Thank you, God." One, two, three...Thank you, God.**



#### Food and Fun Supplies

- Bible
- flashlight
- 2 round crackers per child
- paper towels

 **ALLERGY  
ALERT**





### Things We Need Supplies

small umbrella  
plate  
shoe  
pair of mittens  
toothbrush  
large box

### Things We Need Easy Prep

Place the umbrella,  
plate, shoe, mittens, and  
toothbrush in the box.

### Match the Need Supplies

CD player  
scissors  
envelopes  
My Bible Snuggles or  
1 copy per child and  
1 copy for yourself of  
the “Matching Puzzle”  
handout (at the end of  
the lesson)

#### Teacher Pack

CD: “He Cares for You”  
(1 Peter 5:7) (track 4)

### Match the Need Easy Prep

Remove the Lesson 2  
pages from each My  
Bible Snuggles student  
book. Cut apart the  
simple puzzle pieces  
on each handout. Place  
each child’s puzzle in  
a separate envelope.  
Prepare an envelope for  
yourself.

Fall Quarter

## 3 WEAVING FAITH INTO LIFE

### Things We Need

#### What You’ll Do ■■■■■■

Call several 2-year-olds to come sit in front of the box of items you gathered ahead of time.

Say: **God gave the Israelites quail and manna when they needed food. ► GOD GIVES US WHAT WE NEED, too. I have several surprises in my box. Each one is something we might need. Help me figure out when we would use each of the surprises.** Hold up the umbrella. **When do we need to use an umbrella?** Allow time for kids to respond. Hold up the plate. **When do we need to use a plate?** Allow time for kids to respond. Hold up the shoe. **When do we need to use a shoe?** Allow time for kids to respond. Hold up the mittens. **When do we need to use mittens?** Allow time for kids to respond. Hold up the toothbrush. **When do we need to use a toothbrush?** Allow time for kids to respond.

Say: **We need food to eat, shelter from rain, and clothes to wear. I’m glad ► GOD GIVES US WHAT WE NEED.**

### Match the Need

#### What You’ll Do ■■■■■■

Say: **The Israelites needed food to eat because they were hungry. God gave them quail and manna to meet their needs. God meets the needs of every creature. Let’s play a game that matches something God created with how God meets that thing’s need.** Spread the pieces from the puzzle on the floor where each child can see them. Hold up the picture of the bear.

Ask:

- **Who can tell me what this is?**

When the bear is correctly identified, ask:

- **Which picture shows what the bear needs?**

Let children see the pictures of the watering can, the cave, and the nest. Affirm with the children that the bear needs a cave to sleep in. Match the bear and cave pieces, and set them aside.

Lesson 2 ■■■■■■ Infants, Toddlers & 2s



Say: **Thank you, God, for giving the bear what it needs. ► GOD GIVES US WHAT WE NEED, too. Thank you, God.** Repeat the game for each of the pictures. Then give each 2-year-old his or her envelope with the puzzle pieces inside. Let children move far enough apart to work on their own puzzles.

While twos are working, play the song “He Cares for You” (1 Peter 5:7) (track 4 on the CD).

## Weaving Faith at Home

Have children take home the envelopes with their “Growing With Jesus” pages/puzzles. Encourage parents to do the activities with children to help them grow with Jesus. By working together and focusing on the same goals, you and parents can help children weave faith into their lives!

Talk to your Director about emailing the FREE FamilyConnect to all your church’s families. Available at [group.com/digital](http://group.com/digital).



### Weaving Faith at Home Supplies

My Bible Snuggles or 1 copy per child of the “Growing With Jesus” page (at the end of the lesson)



HOME  
CONNECT®

## Growing With Jesus



### How Does God Meet a Parent's Needs?

The responsibility of caring for your child's needs 24 hours a day, seven days a week, can be a heavy one... especially in the first few months of your child's life. God planned for your needs by programming babies to respond to your efforts first with eye contact, then with smiles and coos, and finally with sticky hugs and kisses. When you're feeling particularly stressed by the demands of care giving, take a step back to really focus on what your child brings to your life.

**OK**  
TO COPY

Your child learned God gives us what we need (from Exodus 16:1-26). Your child participated in one of the following activities today. You can use these activities with your child to help your child grow with Jesus throughout the week.

#### INFANT

##### Feather Tickle

Have your baby sit or lie on a blanket in front of you. Then show him or her a feather.

Say: **This is a feather. Birds have feathers. God gave birds feathers to keep them warm and dry. God gave me to you to help keep you warm and dry. God gives us what we need.**

Gently stroke your baby's chin, arms, and tummy with the feather. Say: **God knows what your chin needs. God knows what your arms need. God knows what your tummy needs. God gives us what we need.**



#### Use these ideas to help your child become a FaithWeaver:

- Sing "Thank You for the Food We Eat" to the tune of "This Old Man" as a mealtime prayer:  
**Thank you for the food we eat.**  
**Thank you for the world so sweet.**  
**Thank you, God, for all the things you do.**  
**And, dear Jesus, I love you.**
- Recognize your child's emotional needs as well as his or her physical ones by identifying times your child needs a hug. Celebrate the fact that God gave you each other to fulfill this need.

#### TODDLER

##### Thank You, God

Say: **Do what I do as we thank God for giving us what we need.**

Say: **Plants need water. Thank you, God, for rain. (flutter fingers from sky) People need shade for rest.**

**Thank you, God, for shady trees. (hold hands over head)**

**Birds need food to eat. Thank you, God, for wiggly worms. (wiggle index finger like a worm)**

**Children need lots of love.**

**Thank you, God, for loving families. (wrap arms around self in hug)**

Afterward, say: **God gives us what we need. Thank you, God!** Lead your child in standing and saying, "Yay, God!"

#### 2-YEAR-OLD

##### Things We Need

Place a small umbrella, a plate, mittens, and a toothbrush in a box.

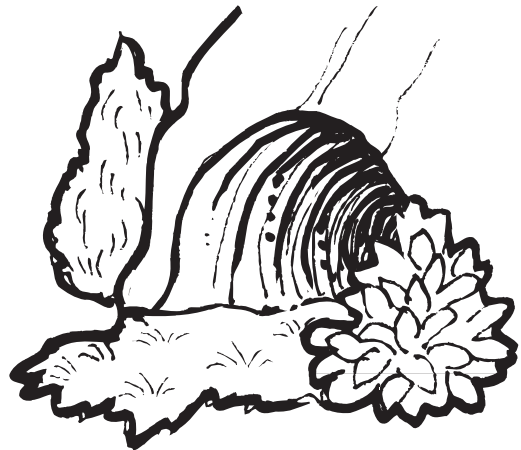
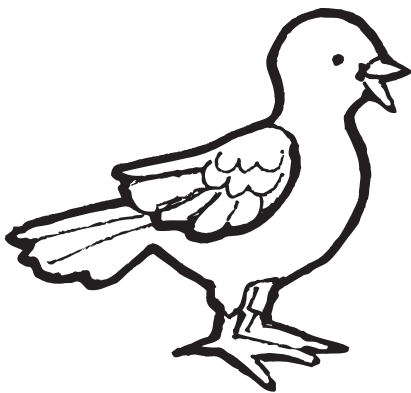
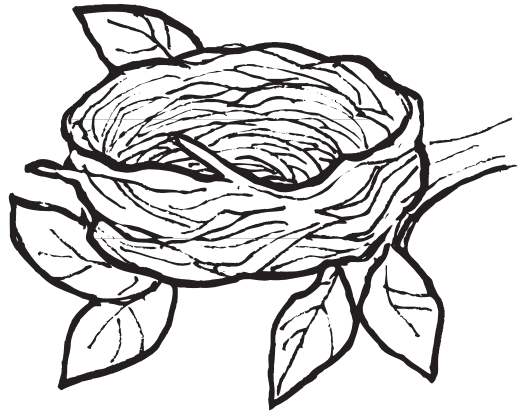
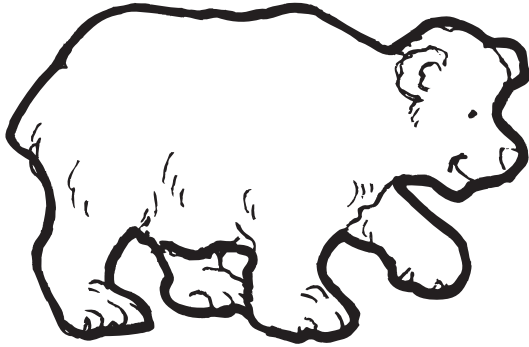
Say: **God gave the Israelites quail and manna when they needed food. God gives us what we need, too. Help me figure out when we would use each of these.** Hold up the umbrella. **When do we use an umbrella?** Allow time to respond. Hold up the plate. **When do we use a plate?** Allow time. Hold up the mittens. **When do we use mittens?** Allow time. Hold up the toothbrush. **When do we use a toothbrush?** Allow time.

Say: **We need food to eat, shelter from rain, and clothes to wear. God gives us what we need.**





# Matching Puzzle



**OK  
TO COPY**

Illustrated by Nancy Munger.

Infants, Toddlers & 2s

Lesson 2

Fall Quarter



